

GSF Domiciliary Care Training Programme

Revised and updated 2018



Educating your Domiciliary Care Agency staff in caring for people in the last phase of life – in line with The NHS Long Term Plan.

Domiciliary care staff play a vital, yet often unrecognised role in caring for people at home towards the end of their life, and yet many have not received any appropriate training in this vitally important area. With GSF this could change! **NOW is an important time to consider further training for your teams in end of life care**, with increasing recognition of its importance by CQC, NHSE, etc. **The GSF Domiciliary Care Train the Trainers Programme** will give your staff the **knowledge, skills and confidence** to care for people in the final years of life at home, with practical help to ensure they deliver the best possible care – gold standard care – for all their service users.

Description and Background

- Since 2010, the GSF Domiciliary Care Training Programme has trained over 1000 carers.
- The course uses well developed GSF principles to focus on enabling care that is more **proactive, person-centred and systematic**.
- GSF enhances the confidence, skills, and understanding of care workers, enabling better communications and team working with GPs, DNs and others. Covers Skills for Care and Health common core principles and competencies in EOLC.
- Fully resourced programme with intrinsic evaluations, building on GSF in other settings, to improve cross boundary care.
- **Train the Trainers** – Training that supports your own trainers or facilitators to teach staff in-house using the on-line GSF Virtual Learning Zone.
- Certificates of completion for trainers and learners upon submission of evaluations.

What Domiciliary Care teams say about doing GSF training



“GSF has helped us come out of the shadows, and district nurses suddenly see us in a new light and respect our knowledge.”

“I feel much more confident and informed after doing this excellent programme... helping me identify people earlier and give them the best care.”

“It has opened areas that are new to me, and has given me confidence to start discussions with Service Users.”

“I learned a great deal throughout the programme and can now have better discussions with other professionals.”

“We use GSF in our care homes so we know the value of it... in every way I think it will make us better carers.”



Different ways of doing the GSF Domiciliary Care Training Programme

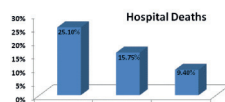
- 1 **Workshops** – Three full day workshops for trainers on use of the GSFDC on-line teaching with their team – either locally at a GSF Regional Training Centres (RTC) or centrally in London
- 2 **Webinars** – Attend five 90-minute webinars at home a few weeks apart, training you to use the online GSFDC programme with your team back at base, plus evaluations
- 3 **Bespoke** – A bespoke programme meeting your requirements to train and support your staff in GSF, with additional support calls and training materials

99% of participants would recommend this training programme

What does the training include and how can we join?

GSF Domiciliary Care Programme

- GSF focuses on enabling generalist frontline staff in end of life competencies.
- This **Train-the-Trainer cascade programme** works with Agency trainers using action based, interactive learning and reflective practice in 6 modules, with virtual learning Zone and resources.
- Comparative before and after qualitative and quantitative evaluation is intrinsic.



Fully resourced programme including

- Filmed training programme
- Good Practice Guide, and workbook.
- All evaluations including audits
- Access to restricted section of the GSF website and GSF Virtual Learning Zone
- Trainers pack
- Mapped to Skills for Care – EOL201 and EOL303

Support provided

- Fully resourced **Train the Trainers** plan
- Conference calls with the local project team and email support
- 3 Face to face training workshops (RTC and Bespoke options)
- Follow up email contact (webinar option)



Key areas include:

- Introduction and context of end of life care and overview of the GSF programme
- Early identification of service users to be proactive in recognising decline
- Assessing clinical needs
- Assessing personal needs and advanced care planning
- Planning living well + dying well
- Planning coordinated care, reducing crisis



Introduction

Identify

Assess Clinical

Assess Personal

Plan living and dying well

Plan coordinated care

The National GSF Centre in End of Life – *the leading training provider for frontline staff*

Gold Standards Framework (GSF) is a systematic, evidence-based approach to help the frontline generalist workforce deliver 'gold standard' care for people nearing the end of life. GSF improves the quality, coordination and organisation of care, leading to better outcomes for patients and their families. GSF also helps reduce hospitalisation and delivers greater cost-effectiveness. Since 2000, many thousands of GP practices and care homes have been using GSF with significant patient benefits, enabling more to live and die well at home. GSF is used by thousands of teams at GP practices, care homes, hospitals, hospices, retirement villages and others. Use of GSF is recognised by CQC and recommended by all major health and social care policies and care provider associations, with growing use internationally.

“Every organisation involved in providing end of life care will be expected to adopt a coordination process, such as GSF”

Department of Health End of Life care Strategy 2008

For further information or to register your agency contact the National GSF Centre on

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